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# How To Think Like A Daily Fantasy Football Winner: Applying Psychological Lessons From The Poker Table And Wall Street To Capture A Competitive Edge In The Daily Fantasy Sports Marketplace



## Synopsis

"How To Think Like A Daily Fantasy Football Winner," the second book in C.D. Carter's "How To Think" series, examines the lessons Wall Street and poker have to offer those looking to exploit the daily fantasy sports (DFS) marketplace. From using contrarianism as a tool of domination, to employing Warren Buffett's keys to investment, to learning how to control tilt, this book includes interviews from poker pros and high-stakes daily fantasy gamers who have learned the keys to consistent winning. Carter's "How To Think" follow-up delves into controversial questions about the role of process and results in daily fantasy, along with the role of intuition in the DFS landscape. Carter includes the tools, sites, and services he has used to gain an edge and exploit inefficiencies in the daily fantasy market. Go back to fantasy football's psychological boot camp with the much-anticipated "How To Think" follow up.

## Book Information

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## Customer Reviews

Although I own each of C.D. Carter's books in various formats, this one was the easiest to test and apply. Using poker and investment strategies quoted straight from the mouths of the best and

brightest are Carter's best analytic tools. In this book C.D. delves into avoiding the psychological pitfalls that the herd mentality is prone to while making for fun and practical reading. Highlights include analyzing process- vs. results-oriented behavior. One's own. That's helpful in winning in fantasy sports from preseason mocks to early drafts ... and helps one make money playing Daily Fantasy Sports. For those of us who play DFS in multiple sports, the lessons are applicable beyond fantasy football and can be used for daily baseball (or basketball) as well. Choosing a new lineup each day rather than drafting at season's start and managing the roster across an entire season provides freedom as well as pitfalls and Carter highlights what to avoid and where to pounce. A must-have read for any fantasy sports player.

Whether you are a seasoned DFS player or a seasonal fantasy footballer, you will learn a lot from this book. C.D. Carter distills DFS down to its essence...decision making when money is at stake. As such, he calls on the lessons of two of the best known examples: poker and investing. With a lot of awesome quotes from experts in both of those fields, Carter writes in a fun, accessible style that is very easy to follow...and get wrapped up in. I finished the book in only two sittings. As a neuroscientist that loves fantasy sports, I'm drawn to the idea that knowing yourself and your opponent is a critical aspect of the game. This book points out several situations in which your own emotional responses are hurting your decision making abilities, and points out that an advantage in DFS can be gained by taking advantage of this phenomenon in your opponents. Put simply, if you read this book you're putting yourself in a better position to win more often. Do it!

An interesting book if you want to learn about the thinking patterns and thinking traps that both expert fantasy players and expert poker players use and/or try to avoid. It is well written, although a little repetitive, and researched. I gave it 3 stars because I thought the book was more a guide. I wanted solid advice and clearly defined processes that I could use quickly, not something that requires me to do a lot of self examination on the way I think.

Mr. Carter again illustrates how our innate thought process and emotions can sabotage the pursuit of optimal fantasy football techniques. He nails the distinction between traditional fantasy football and the daily version of the game - which is accompanied by a unique set of pitfalls. It is both thoroughly researched and extremely well-written. Ultimately the book draws a roadmap toward self-awareness for the reader/DFS gamer. It is a psychological boot-camp of sorts, and is required preseason reading for anyone preparing to play daily fantasy football for the first time, as well as

those who already have. It's also a great way to get fired up for the upcoming NFL season.

Not your cookie cutter read on Daily Fantasy Sports that is strictly on bankroll management and roster optimization. Instead, it's a mirror for you to look into for optimizing yourself, before putting a penny on the line. Looking into the pitfalls of your own mentality, Carter effortlessly weaves through the psyche of a DFS player like a Bobby Knight led team on the practice floor. If you're one who wants a better understanding of yourself as a player to any degree, this is a must pick up.

Great Read. Highly Recommend!

A well written account of the daily fantasy grind with a plethora of good insight on how to teach your brain to be a winner. Carter uses methods from proven successful stock brokers and poker players to teach us how DFS is about perseverance and a winning attitude, how to honestly evaluate yourself and your decision making and how to utilize the strategy of the marketplace in building a winning mentality for DFS. This is a must-read for anyone, new or old, to daily fantasy. Highly recommended.

C.D.. Carter takes several psychological theories that have been applied to the worlds of poker and investing and seeks to apply them to Daily Fantasy Football. He does an excellent job of presenting ideas in an easy-to-read and light manner while still making some very convincing arguments.

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